## Case Study

Background The Harrington Starr group are a leading Financial Technology recruiter based in London with offices in New York. Winners of the investing in Talent 2019 Awards, specialising in Financial IT, Commodities IT, Buy & Sell Side Trading Systems and the niche technology sector, The North Starr. Searching for the best talent to exceed expectations, when in comes to achieving success for their clients.

Wellbeing Audit Harrington Starr are advanced in their wellbeing initiatives, scoring 21/27 on their audit having embed wellbeing into their culture, processes and daily activities, creating a thriving workplace, putting their people first and promoting 'the happiness factor' which is at the heart of their beliefs to grow as an organisation. This year they will focus on training their managers to promote mental health awareness and increase participation in wellbeing further.



## **Pledges**

- Flexible & home working options, including extended lunch breaks
- Onsite gym and group training activities to promote physical health The development of 'all of you' a holistic approach to wellbeing
- To support mental health awareness & resilience training

'We are an inclusive employer which has enabled us to enhance creativity through our culture and values, as an innovative leader I like to think outside the box which genuinely creates a great organisation, where people can thrive at work and bring their whole selves.'

Nadia Edwards- Dashti – Managing Director Harrington Starr